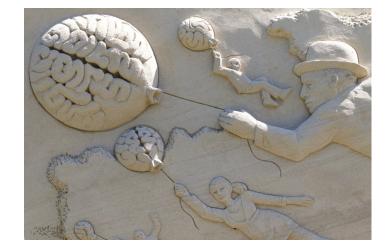
# Counseling Recommendations - Ventura

### **Medicare Providers:**

- Katherine Hamilton, PhD, Camarillo
  - 805-389-4770
- · Max Fuentes Fuhrmann, PhD, Thousand Oaks
  - 805-496-4442 (home visits possible)
- Ellen Weissman, PsyD, Westlake Village
  - 818-336-1041
- Thomas Locke, PhD, Thousand Oaks
  - 805-373-1033
- Trudy Gilbert, PhD, Oxnard
  - 805-832-8536
- Genin Hanin, EdD, Thousand Oaks
  - 805-497-6137 (home visits possible)
- Roger Coger, PhD, Simi Valley
  - 805-526-444

### **Specialties:**

- Adult ADHD www.drlauraforsyth.com
  Laura Forsyth, PhD, Camarillo
  - 805-795-2131
- Marital & Sex Therapy www.annestirlinghastings.com
  Anne Stirling Hastings, PhD



It is normal to shop around for therapists who can address your concerns and have a compatible personality. Feel free to interview a few therapists before choosing one.

www.InsightNeuropsychology.com 805-988-6197



# How To Find a Therapist That Accepts Your Insurance

### **Ventura County Psychological Association**

- Go to www.venturacountypsych.com
- Click on "community resources" and "find a psychologist"
- Click on "advanced search"
- Put in your city
- Under insurance plans, click your insurance (Medicare, Blue Cross, etc)
- Click Search





## **Psychology Today**

- Go to www.therapists.psychologytoday.com
- Put in your city and click the search button on the right
- When you see the results, click the "more +" link under "insurance"
- Then select your insurance underneath
- The results should now all be providers in the area who accept your insurance

It is normal to shop around for therapists who can best address your concerns and have a compatible personality. Use the websites above to do some initial screening.

www.InsightNeuropsychology.com 805-988-6197

